



# MONASTERY OF SAINT JOHN OF SAN FRANCISCO

## MONTHLY RETREATS

Each retreat begins Friday afternoon at 5 PM and concludes Sunday afternoon at 1 PM on the last weekend of each month.

In addition to talks on the retreat theme given by our abbot, Fr. Meletios, retreatants will also participate in the monastic services and meals and stay at the monastery guesthouse.

There will be opportunity to spend quiet time walking the monastery grounds, as well as social time meeting others who seek a deeper commitment to Christ. Fr. Meletios will also be available for the Sacrament of Confession.

*'...These retreats are a great way to visit the monastery, particularly if you have never been to a monastery before. Since everything is explained when you arrive, you do not have to fear doing the wrong thing, or not knowing what you should be doing. Actually, monastic life is usually at its best when it is very simple, yet very human. It is our duty, as monks, to offer hospitality to all our visitors, and to make them feel welcome and at their ease.'*

— FATHER MELETIOS

Space is limited in the monastery guesthouse, so please make your reservation early! The cost for each retreat weekend is \$120, and we ask for a \$20 deposit. For further information, or to make a reservation, please contact Fr. Nektarios at the monastery. We look forward to your visit! ✝

✝ *For Clergy Wives*      SEPTEMBER 25–27, 2009

Examining the challenges faced by clergymen's wives at home, in the parish, and the world at large.

✝ *For Young Adults (ages 18–25)*      OCT. 30–NOV. 1

Making Orthodoxy real in a turbulent world: relationships, college, parish life, and the job market.

✝ *For Married Couples*      NOVEMBER 27–29

Spiritual challenges posed by spouses and children, the spiritual community, and society at large.

✝ *For Men*      DECEMBER 18–20

Finding the authentic role of the modern Orthodox man: finances, recreation, work, and home.

✝ *Steps of Transformation*      JANUARY 29–31, 2010

Different stages of recovery reflected in the life of the Orthodox Church.

✝ *For Catechumens*      FEBRUARY 26–28

Entering the Body of Christ: spiritual, cultural, and practical aspects of this life-changing event.

✝ *Our Lenten Journey to Pascha*      MARCH 26–28

Fasting and feasting: experiencing the joy of the Kingdom of Heaven.

✝ *For Women*      APRIL 30–MAY 2

The joys and sorrows of being a woman in the Orthodox Church.

✝ *For Families*      MAY 28–30

Family as an icon of the Church: entering more deeply into Orthodox family life.

✝ *For Children of Clergy*      JUNE 25–27

Problems and possibilities: reaching beyond the 'PK' myth.

✝ *For Young Adults (ages 18–25)*      JULY 30–AUG. 1

Sin and temptation: finding a new solution within the Orthodox tradition.